

Personal Inventory Worksheet

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Strengths are the non-technical skills you possess that cannot be taught. For example, interpersonal communication, problem solving, creativity, and attention to detail.

Strengths

Weaknesses are any kind of skill that you have not acquired or learned, but are necessary for the job or career that you want.

Weaknesses

Passions make you happy and excite you. If you could do one thing for free for the rest of your life, what would it be?

Passion

Technical skills are learned through experience and can be taught. For example, graphic design, HTML coding, writing, video editing and production etc.

Technical Skills
